



Annual Conference of the Society of Renal Nutrition & Metabolism

 April 18th & 19th 2026

 The Westin Mindspace, Hyderabad



Scientific Schedule



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DAY 1, 18-04-2026

HALL - A

SATURDAY

TIME	TOPIC	SPEAKER	MODERATORS/ CHAIR PERSONS
8:30 AM – 9:00 AM		REGISTRATION & WELCOME	
9:00 AM – 9:20 AM	Burden of CKD and Role of Nutrition	Dr Shruti Tapiawala	Dr Anuradha Raman Dr Karthik Dr Bhavya Dr Ravi Tej
9:20 AM – 10:20 AM	Symposium – Optimizing Nutrition in CKD		
9:20 AM – 9:35 AM	Energy and Protein Requirements in CKD	Dr Abhilash Chandra	Dr Umesh Khanna
9:35 AM – 9:50 AM	Managing Sodium and Fluid in CKD	Dr Pradeep Dole	
9:50 AM – 10:05 AM	Potassium and Phosphorus Restriction – Practical Tips	Ms Archana Sinha	
10:05 AM – 10:20 AM	Role of Trace Minerals in CKD	Dr Bhanu Prakash	
10:20 AM – 10:40 AM	Role of Keto Analogues in Low-Protein Diet	Dr K S Nayak	Dr MV Rao Dr Kiranmai Dr Satti Reddy Dr Anuradha Shalini
10:40 AM – 11:00 AM	Nutrition Assessment Tools in CKD (SGA, BCM, Bioimpedance)	Dr Balaji Krushnan	Dr Girish Narayan Dr Sanjay Maitra Dr Sahista Hussaini Dr Anitha
11:00 AM – 11:30 AM		TEA BREAK	
11:30 AM – 12:00 PM	Debate: Plant-Based vs Mixed Diet in CKD – Which is Better?	Dr Anurag Gupta - Plant-Based vs Dr Satish Balan - Mixed Diet	Dr Pradeep Deshpande Dr Uttara Das Dr Ramachander Dr. Payal Gaggar



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TIME	TOPIC	SPEAKER	MODERATORS/ CHAIR PERSONS
12:00 PM – 12:30 PM	Oration Dr Anita Saxena Memorial Oration	Dr Narayan Prasad	Dr A K Bhalla Dr R K Sharma Dr Tiwari SC Dr Swarnalatha
12:30 PM – 12:50 PM	KDIGO Nutritional updates - translating evidence into everyday practice	Dr Deodutta Chafekar	Dr Manisha Sahay Dr Raja Ram Dr Vamsidher Dr Sujit
12:50 PM – 1:50 PM	LUNCH		
1:50 PM – 2:10 PM	Diet in CAPD vs APD – Practical Differences	Dr Sampath Kumar	Dr Amit Gupta Dr Ratan Jha Dr Sreekanth(KIMS) Dr Suryanarayan Mandal
2:10 PM – 2:50 PM	Panel Discussion Improving Diet Adherence in CKD – Patient, Dietitian, Nephrologist Perspective	Dr Piyali Sarkar, Dr Sudeep Prakash, Dr Ranjane Muttu, Dr Rajesh Nair	Dr Sreejit Parameshwar
2:50 PM – 3:10 PM	Nutrition in Hemodialysis Patients – Common Pitfalls	Ms. Sunitha Premalatha, (Dietitian)	Dr Dhanajay Dr Sridher(Nizamabad) Dr Sandeep Peddi Dr Rama Priya
3:10 PM – 3:30 PM	Intradialytic Nutrition – Tools and techniques	Dr Nisha Jose	Dr Manjusha Dr Shankar Dr Priyadarshini john Dr Susmita
3:30 PM – 3:50 PM	TEA BREAK		



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HALL - A

TIME	TOPIC	SPEAKER	MODERATORS/ CHAIR PERSONS
3:50 PM – 4:30 PM	Panel Discussion : Sarcopenia and muscle wasting in Kidney Diseases : Nutritional Perspectives	Dr Arun S, Dr Edwin Fernando, Dr Gopambuj Singh Rathod, Dr Santhosh Pai	Dr Shyam Bansal
4:30 PM – 4:50 PM	CRM Syndrome - Role of diet and Nutrition	Dr Manish Rathi,	Dr Sri Bhushan Raju Dr Krishnan Dr Sridher(Star Hospital) Dr Hari krishna
4:50 PM – 5:10 PM	Case-Based Discussion: Designing CKD Diets for Vegetarian and Non-Vegetarian Patients	Ms. Nancy Sahmi (Dietitian)	Dr Sashi Kiran Dr Vikranth Dr Venkata Raman Dr Srinivas Rao
5:10 PM – 5:30 PM	MNT in Diabetic Kidney Disease – Real-World Case Scenarios	Ms. Zamurrud Patel, (Dietitian)	Dr Sudhakar Dr Shabana Dr Deepti Dr Rama
6:00 PM – 7:00 PM	INAUGURATION		



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DAY 1, 18-04-2026

HALL - B

SATURDAY

9:00 AM - 10:00 AM	Paper Presentations 1
10:00 AM - 11:00 AM	Paper Presentations 2
11:00 AM - 11:30 AM	Tea Break
11:30 AM - 12:50 PM	Paper Presentations 3
12:50 PM - 2:00 PM	Lunch
2:00 PM - 3:30 PM	Nutrition Workshop 1
3:30 PM - 4:00 PM	Tea Break
4:00 PM - 5:30 PM	Nutrition Workshop 2



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DAY 2, 19-04-2026

HALL - A

SUNDAY

TIME	TOPIC	SPEAKER	MODERATORS/ CHAIR PERSONS
8:10 AM – 8:30 AM		Breakfast	
8:30 AM – 8:50 AM	Reading food labels (Na, K,P)	Mr. Ashwin Dabhi, (Dietitian)	Dr Krishan Patil Dr Vikram kumar Dr Shyam Sundar Dr Rekha
8:50 AM – 9:10 AM	Diet in Acute Kidney Injury – ICU and Ward Settings	Dr Sandeep Mahajan	Dr G Srikanth Dr Nageshwar Reddy Dr Ravi Manhankali Dr Kavitha Gona
9:10 AM – 10:10 AM	Symposium – Nutrition in Special Renal Populations		
9:10 AM – 9:25 AM	Pediatric CKD – Growth, Calories and Protein	Dr Mehulsha	
9:25 AM – 9:40 AM	Nutrition in Elderly Patients with CKD and Frailty	Dr Garima Agarwal	Dr D S Rana
9:40 AM – 9:55 AM	Nutrition in Obesity with CKD – Balancing Weight Loss and Renal Safety	Dr Arpita Roy Chaudhary	
9:55 AM – 10:10 AM	Diet in Post-Transplant Patient – Short and Long Term	Dr Urmila Anadh	
10:10 AM – 10:30 AM	Diet in Patients on Tube Feeding / Jejunostomy with Renal Failure	Dr Biju Potakkat	Dr Gangadher Dr Suresh Babu Dr Mukku Kiran Dr Ashwin Dutt
10:30 AM – 11:00 AM		TEA BREAK	



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DAY 2, 19-04-2026

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TIME	TOPIC	SPEAKER	MODERATORS/ CHAIR PERSONS
11:00 AM – 11:30 AM	Debate: Intermittent Fasting in CKD and Diabetes – Friend or Foe?	Dr Sanjeev Nair (Friend) vs Dr. Nagaraju Naik (Foe)	Dr Dhanalakshmi Dr Vijay chander Dr Santhosh A Dr Arvind Reddy
11:30 AM – 11:50 AM	Nutrition in Patients with Recurrent Renal Calculi	Dr Ravi Kushwaha	Dr Tarun Saha Dr Sridher (KIMS) Dr Jyothsna Dr Srikanth Bathineni
11:50 AM – 12:30 PM	Panel Discussion: AI Tools & Apps for Diet Planning and Nutritional Monitoring in CKD	Dr Srinivas Prasad , Dr Jithu Kurian, Dr Seerapani Gopaluni, Ms. Radha Reddy (Dietitian)	Dr P S Vali
12:30 PM – 12:50 PM	Gut-Kidney Axis: Role of Probiotics and Prebiotics in CKD	Dr Georgi Abraham	Dr Dakshinamurthy Dr Praveen Etta Dr Prasanna Dr Ravi Andrews
12:50 PM - 1:05 PM	Kidney Disease & Hyperkalemia: Integrated Diet-Drug Strategies	Dr Rajasekhara Chakravarthi	Dr Snigdha Dr Pranith Ram Dr Rana Fatima Dr Himadeepti
1:05 PM – 1:30 PM	Quiz Dr Sai Vani and Dr Sivaparathi		
1:30 PM – 2:00 PM	VALEDICTORY FUNCTION		
2:00 PM – 3:00 PM	LUNCH		



Conference Secretariat

Dr. Swarnalatha Guditi

Dr. P S Vali

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